



# How to set goals and achieve them

The review, plan and  
do quarterly guide to  
setting goals.

# Review

## Successes of the last quarter



## Improvements from the last quarter



## What goals did you achieve?

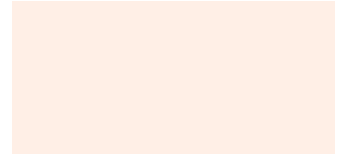
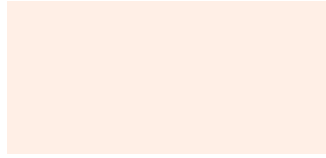
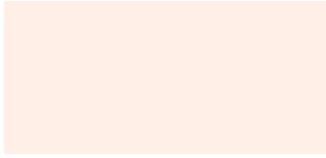


## What moves to next quarter?

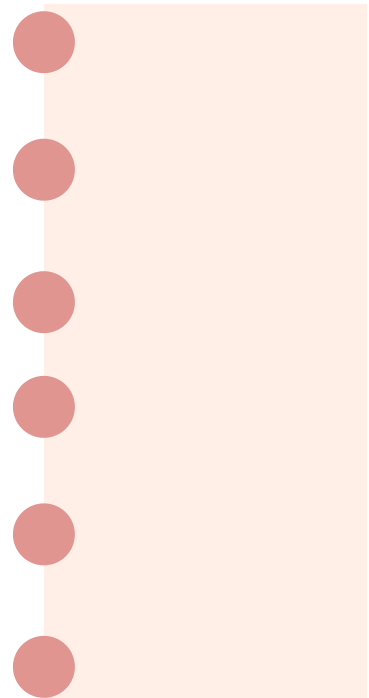
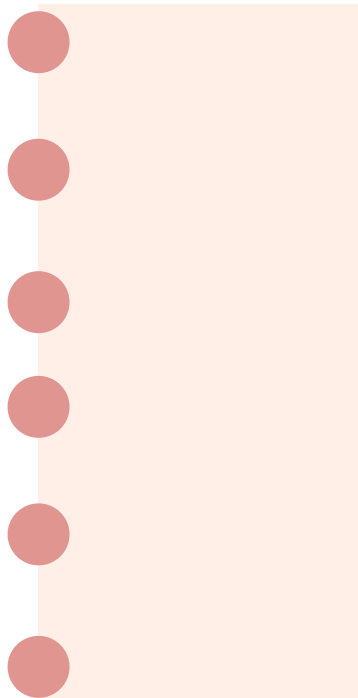
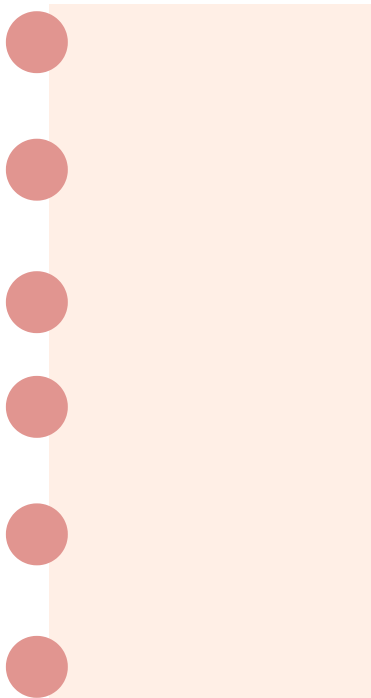


# Plan

**What are your 3 big goals for this quarter?**



**What steps do you need to take to achieve them?**



**Do you need any specialist training or support to achieve these goals?**

# Do

## Month 1 -



## Month 2 -



## Month 3 -

